

**My Favorite
part of the weekend:**

- ◆ “Meeting with other families.”- Beth
- ◆ “Watching the movie”-Jacob
- ◆ “The food!”-Abraham
- ◆ ““The location and great food”
-MaryAnn
- ◆ “Swimming, rock climbing, crafts,
and hunting for dinosaur eggs”-
Annette



Adult Paint Class



**Autism Society of Maine
Family Retreat Weekend**

**Location: St. Joseph’s College Standish,
Maine**

**To receive an application please call
1-800-273-5200 or check out our website:
www.asmonline.org**

**Phone: 1-800-273-5200
Fax: 207-377-9434**



**Autism
Family Retreat
Weekend**



**A weekend full of
fun and relaxation
for the whole
family.**

**Let Maine Spread the
Word on Autism**

1-800-273-5200

Family Retreat Weekend

The Autism Society of Maine holds a family retreat weekend (Fri.-Sun) for families who have a child(ren), adult with Autism Spectrum Disorders (ASD) and their siblings. The purpose of this weekend is to provide a relaxing, fun weekend for the whole family.

Each year ASM chooses a new theme for the weekend. Legos, camping and dinosaurs have been some past favorites, with families enjoying activities, crafts and entertainment that revolve around the theme.

*ASM also offers a **Saturday Only** Option.

The retreat takes place at St. Joseph's College in Standish, ME

Impact of the Program

Children with ASD frequently exhibit behaviors that are misinterpreted by their peers; and are often bullied, misunderstood, teased, and occasionally physically harmed. This retreat provides a safe and fun environment in which children with ASD learn to develop friendships and practice social interaction strategies.

The family retreat includes crafts, outdoor play, swimming, and many other activities to provide the children with opportunities for social learning. It also allows parents time to enjoy educational discussions and lectures as well as recreational activities while their children are in respite care.

The retreat is guaranteed to provide the following:

- 1) a safe, non judgmental environment for children and their families to relax and enjoy the company of other families who truly understand the issues faced by the individuals, their siblings, as well as their parents
- 2) an invaluable learning experience for children with ASD, their siblings and families to connect with their peers, and form relationships with others who understand them.

Activities

- Family Fun Night
- Swimming
- Rock Climbing Wall
- Educational, informative discussions
- Canoeing
- Painting class
- Saturday Night Entertainment
- Bounce House



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